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# Unplugged Play: No Batteries. No Plugs. Pure Fun.



## Synopsis

From the joy of smearing glue on paper to the screaming delight of a bubble-blowing relay, kids love to play. In fact, it's every kid's built-in tool for experiencing the world at large. A parent-friendly encyclopedia, **UNPLUGGED PLAY** ("A wonderful guide," says Daniel Goleman) offers hundreds and hundreds of battery-free, screen-free, chirp-and-beep-free games and fun variations that stretch the imagination, spark creativity, building strong bodies, and forge deep friendships...and keep kids busy at the table while mom or dad makes dinner.

## Book Information

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Average Customer Review: 4.4 out of 5 stars 50 customer reviews

Best Sellers Rank: #421,056 in Books (See Top 100 in Books) #138 in [Books > Children's Books > Growing Up & Facts of Life > Health > Diet & Nutrition](#) #384 in [Books > Parenting & Relationships > Family Activities](#) #1363 in [Books > Children's Books > Activities, Crafts & Games > Games](#)

Age Range: 1 - 10 years

Grade Level: Preschool - 5

## Customer Reviews

Conner, author (Everyday Opportunities for Extraordinary Parenting) and host of the popular public radio program *The Parent's Journal*, offers more than 700 ideas for play without plugs, batteries or beeps in this imaginative collection. Conner points out that electronic play has a number of drawbacks—contributing to the rise in childhood obesity and isolation, and limiting creativity—while unplugged play builds strong bodies, helps kids forge friendships and expands the mind. In an effort to get back to the basics of play, Conner began collecting and inventing hundreds of games, then tested them on groups of children ages one to 10. The author divides the book into three sections—for toddlers, preschoolers and the six-to-10 set—with subsections on solo play, parent and child, playing with others and birthday parties.

She covers a wide range of activities, from noodle necklaces to toddler basketball with a laundry basket, including indoor and outdoor play for rain or shine, with clear instructions as well as discussions of safety issues. Child development experts such as Fred Rogers and Benjamin Spock have emphasized the significance of play; Conner has taken her sources at their word and produced a fun-filled compendium likely to become a dog-eared resource for parents seeking whimsical yet practical ways to unplug the electronics and promote the physical, cognitive and emotional benefits of plain, old-fashioned play. (Aug.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

"Top quality brain food for parents. Bobbi Conner consistently offers the best public radio there is for child-aware people, and everyone can afford it." - Dr. Penelope Leach, developmental psychologist and author of YOUR BABY AND CHILD."

Super useful! Lots of fun ideas. It has lists of age-appropriate books, recipes, creative ideas for games and dress-up.

Unplugged Play was a great resource for me as a new mom. I needed something quick and simple to fill time when my son was restless and I didn't want to turn on the TV. Many of the games and ideas are not new but I needed something to remind me of all the simple things you can do to entertain a young child. The book is divided into age groups so you can easily find something age-appropriate for your child. Most of the supplies are things I have around the house. I have also used this book to plan my son's first two birthday parties. It is a great resource. Thanks.

In three sections based on age. For kids through 5th grade (roughly). Activities do require plenty of supplies, but at least tablets and smartphones are not involved.

My title says it all. That is exactly why I wanted this book. The only reason it got a 4 star was because it didn't have anything special for infants or small babies. Basically a lot of the games I have to wait until my baby is older. On top of it, I was able to actually show that there was more to TV for children, especially educationally.

This was a life saver! Although we don't shy away from TV or iPad [there are excellent educational programs and games out there], every now and then, it was time to shut it all off and have family

fun, or teach my children to have fun WITHOUT all these gadgets and gizmos. It brought back quality time!

This book has more ideas for more ages than any book that I have seen. Playing "Unplugged" is so much better for children. It stretches the mind, a child's imagination, problem solving and working with others. Excellent! I gave it to everybody.

Our TV recently broke, and we are moving so decided to wait to purchase another. My kids entertainment thus far was to torment the dog...so, to keep our favorite boxer happy, I ordered this. Games are fun! We love to play some of these. We are not missing our TV! (except on Monday, when Castle comes on, but that is for me...haha)

With so much technology out there these days, parents forget how to play with their children. It's so important for children to play and learn with all their senses. This book is a must for every parent, especially those of a toddler.

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